



## **YES - Jackson's favorite annual weight-loss contest is back!**

Shed your 2020 bod and get in shape for the new year.

**50 contestants** will be selected to participate!  
Apply online for a chance to be selected:

**[K1053.com/ShapeUpJackson](https://K1053.com/ShapeUpJackson)**

**Application period:**

January 1 - 13, 2021

**Contest Period:**

January 25 - March 22, 2021



COVID-19 precautions will be in place to keep our contestants safe!

For more information visit **[K1053.com/ShapeUpJackson](https://K1053.com/ShapeUpJackson)** or speak with your coach at the Jackson YMCA.